

INCOMING STUDENTS
NURSING GUIDELINES FOR PARTNERS
STUDENTS APPLICATION
AND
USEFUL INFORMATION

ERASMUS+ 2025/2026



INTERNATIONAL RELATIONS AND MOBILITY OFFICE



Erasmus+



GENERAL INFORMATION

Full name of Institution:	Escola Superior de Enfermagem de Lisboa (ESEL)
Erasmus+ Code:	P LISBOA106
International Relations and Mobility Office:	Address: Av. Professor Egas Moniz - 1600-190 Lisboa Portugal Phone: +351 217 913 400
Website:	https://www.esel.pt/en/node/6716

CONTACT DETAILS

Erasmus+ Coordinator	Prof. Cláudia Bacatum e-mail: coordenacaoerasmus@esel.pt
Outgoing and Incoming mobility	Helena Bronze e-mail: gri@esel.pt
Website:	https://www.esel.pt/node/6725
Location and attendance hours	Calouste Gulbenkian Campus Office 1.2 - Residence (1st floor) Monday to Friday 10:00 am – 12:00 pm and 2:00 pm – 4:00 pm

ACADEMIC CALENDAR 2025/2026

ACADEMIC CALENDAR	2025/2026
Autumn semester 1st semester	15 th September 2025 to 6 th February 2026
Spring semester 2nd semester	19 th February 2026 to 26 th June 2026



RELEVANT INFORMATION

Grading System in Portugal

Grades are given on a scale of 0 (lowest) to 20 (highest) and the minimum passing grade is 10. ECTS grading system from A to F is implemented. The translation of the grades is made by the home University of the student.

Local Grade	ECTS Grade	Definition
20/18	A	EXCELENT – outstanding performance with only minor errors
17/16	B	VERY GOOD – above the average standard but with some errors
15/14	C	GOOD – generally sound work with a number of notable errors
13/12	D	SATISFACTORY – fair but with significant shortcomings
11/10	E	SUFFICIENT – performance meets the minimum criteria
0/9	F	FAIL – considerable further work is required

Transcript of Records

Transcript of records are issued by e-mail to the student and IRO of home University.

ACCOMMODATION

APPLICATION	INFORMATION
To apply to accommodation in the ESEL Residence you need to contact by e-mail to: nucleoresidencia@esel.pt	Find out more https://www.esel.pt/en/node/6857



ADMISSIONS

<u>APPLICATION</u>	<u>INFORMATION</u>
Autumn semester	Nomination deadline: 15/05/2025 Application deadline: 31/05/2025
Spring semester	Nomination deadline: 15/10/2025 Application deadline: 30/10/2025
Website:	https://www.esel.pt/node/6725

Nomination and Application Process

ESEL only accepts exchange students nominated by partner Universities by email to gri@esel.pt . After nomination, each student will receive all the relevant information to apply by email.

Language Requirements

Depending on the language of instruction (Portuguese or English), students must have a **B2 level** or above (according to the Common European Framework of Reference for Languages, CEFR).

ESEL does not request official language certificates, as we trust our partners to only nominate students who fulfil the criteria.

Health Insurance

Students from the European Union (EU) countries and the European Economic Area (EEA) must obtain a European Health Insurance Card in their home country.

It is the responsibility of each student to ensure they have sufficient insurance coverage for the full duration of their entire stay.



USEFUL GUIDELINES

Nomination and Application Process for Incoming students	<ul style="list-style-type: none"> • The sending institution nominates its students by email to gri@esel.pt • Application instructions will be e-mailed to all nominated students along with the access to the online application. • Both sending and receiving institution approve the Online Learning Agreement (OLA) in EWP for SMS, and Learning Agreement for Traineeship for SMP. • Students will receive the acceptance documentation 2-1 months before the beginning of the stay.
Mandatory Admission documents	<ul style="list-style-type: none"> • Online Application; • Online Learning Agreement (OLA) by EWP / Learning Agreement for Traineeship; • Academic Transcript; • Coloured photo; • Identity card/Passport; • European Health Insurance Card / International Health Insurance.
Application on-line	Application form: https://forms.gle/KB5x8p3bikbRwpYb7

INFORMATION ABOUT CLINICAL PRACTICES

To do Erasmus exchange, an excellent experience is important to know something about our degree. Our Nursing Degree is divided into four academic years, with 2 semesters each. We only receive students for **clinical practice** and the teaching languages are Portuguese and English (**B2 level at least**). For clinical practice **we don't provide uniform**, so the incoming students must have its own.

NOTE: WE ONLY ACCEPT STUDENTS THAT HAD ALREADY HAVE AT LEAST 1 CLINICAL PRACTICE AT HOME INSTITUTION AND WE CANNOT PROVIDE CLINICAL PRACTICES OUT OF OUR ACADEMIC CALENDAR.



AUTUMN SEMESTER / 1ST SEMESTER

Please read carefully below the clinical practices to apply:

For last year students (3rd or 4th year) - Students can choose ONE of the following options:

Full semester (18 weeks) - 15th September 2025 to 6th February 2026

Code	TITLE OF THE TRAINEESHIP *Mark this in your OLA (EWP) or LAT	SEMESTER (weeks)	ECTS	CLINICAL PRACTICE (hours in internship)	Autonomous study
7002425	Nursing Interventions to vulnerable people and families in transitions situations	1 st Semester 18 weeks (6+6+6)	30	- Elderly Home Nursing (150 hours) - Mental Health Nursing (150 hours) - Hospital Nursing (150 hours)	150 hours

OR

Half semester (12 weeks) - 15th September 2025 to 18th December 2025

Code	TITLE OF THE TRAINEESHIP *Mark this in your OLA (EWP) or LAT	SEMESTER (weeks)	ECTS	CLINICAL PRACTICE (hours in internship)	Autonomous study
7002425	Nursing Interventions to vulnerable people and families in transitions situations	1 st Semester 12 weeks (6+6)	18	- Elderly Home Nursing (150 hours) - Hospital Nursing (150 hours)	75 hours

<u>Learning Outcomes:</u>	<ul style="list-style-type: none"> 1 - Develop professional attitudes to avoid stigma and prejudice concerning ethical dimension; 2 - Develop professional working attitude in nursing and multidisciplinary team; 3 - Identify the Health Units and other community resources that can provide answers to increased people and family vulnerability; 4 - Mobilize the assessment tools that support practice and do nursing diagnoses to increase vulnerability and family; 5 - Develop nursing interventions to clients and family according to scientific evidence and good practice; 6 - Evaluates the achievement of planned results; 7 - Record of the care plan and records and simulates registration in information systems in nursing and databases.
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SPRING SEMESTER / 2ND SEMESTER

Please read carefully below the clinical practices to apply:

For last year students (3rd or 4th year) – Students can choose ONE of the following options:

Full semester (12 weeks) - 19th February 2026 to 31st May 2026

Code	TITLE OF THE TRAINEESHIP *Mark this in your OLA (EWP) or LAT	SEMESTER (weeks)	ECTS	CLINICAL PRACTICE (hours in internship)	Autonomous study
7002426	Nursing Clinical Practice in Optional Area (last year students)	2 nd Semester 12 weeks	30	Medical Nursing (300 hours) OR Surgical Nursing (300 hours)	150 hours

<u>Learning Outcomes:</u>	<p>1 - Problematises the ethical-legal and deontological dimension of care, considering the personal values and objectives of the client, the profession, and the organization;</p> <p>2 - Establishes a therapeutic relationship with the client;</p> <p>3 - Appraises the client health situation to decide about the nursing diagnosis, considering the factors present in the care situation and according to a nursing reference framework;</p> <p>4 - Takes decisions to plan and develop the process of individualized nursing care, to the client facing transition, considering the factors present in the care situation;</p> <p>5- Develops nursing interventions to meet the needs, wishes and goals of the client in the transitions and other factors present in the care situation;</p> <p>6 - Cooperates with the multiprofessional team in the pursuit of quality care and a qualifying work environment;</p> <p>7- Assumes a conduct promoting the personal development and the profession.</p>
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For 2nd and 3rd year students - Students can choose ONE of the following options:

Full semester (18 weeks) - 19th February 2026 to 26th June 2026

Code	TITLE OF THE TRAINEESHIP *Mark this in your OLA (EWP) or LAT	SEMESTER (weeks)	ECTS	CLINICAL PRACTICE (hours in internship)	Autonomous study
7002424	From Assessment to Nursing Interventions (2nd and 3rd year students)	2 nd Semester 18 weeks (9+9)	30	- Medical Nursing (232 hours) - Surgical Nursing (232 hours)	75 hours

OR

Half semester (12 weeks) - 19th February 2026 to 31st May 2026

Code	TITLE OF THE TRAINEESHIP *Mark this in your OLA (EWP) or LAT	SEMESTER (weeks)	ECTS	CLINICAL PRACTICE (hours in internship)	Autonomous study
7002424	From Assessment to Nursing Interventions (2nd and 3rd year students)	2 nd Semester 9 weeks	18	Medical Nursing (232 hours) OR Surgical Nursing (232 hours)	150 hours

Learning Outcomes:	1 - Plans nursing care based on clients' needs and teams' resources; 2 - Collects the information in a global manner and with pertinence; 3 - Identify the problems and validate them with the client and the health team; 4 - Gives global and specific care to the clients; 5 - Evaluates the given care.
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INTERNATIONAL RELATIONS AND MOBILITY OFFICE:

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Av. Professor Egas Moniz
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PORTUGAL
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