U.PORTO

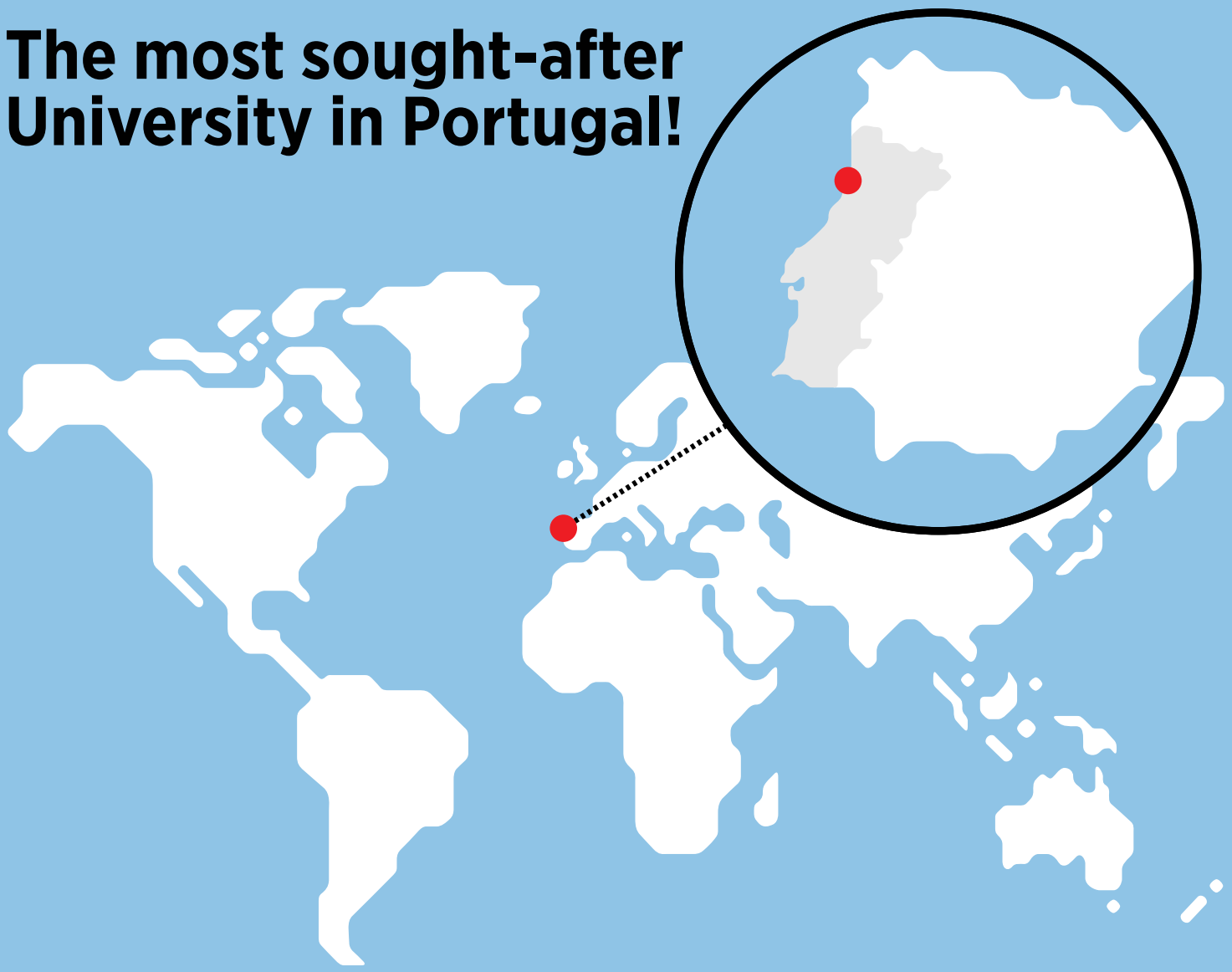
THE ADVENTURE BEGINS...

Welcome to University of Porto

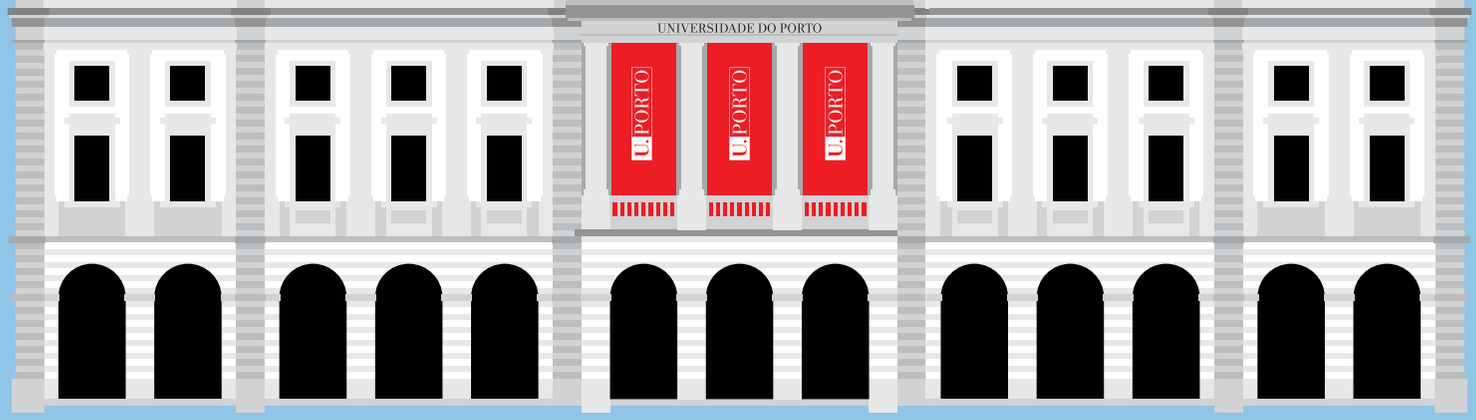
Academic Year
2018/2019

U.Porto | Educational Offer | Internationalisation | Application Procedures | Application Deadlines | Academic Calendar | ECTS Credits | Teaching Language | Accommodation | Main Facilities | About Porto | Cost of Living | Arrival to Porto | ESN

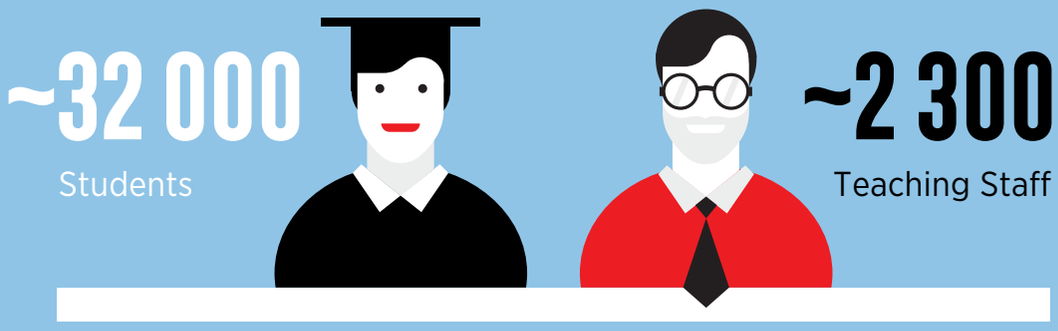
The most sought-after University in Portugal!

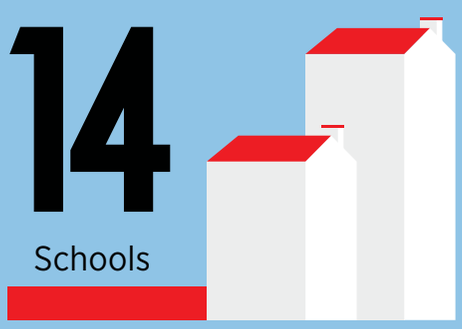


Rectorate of the University of Porto



Founded in 1911





Educational Offer

Programmes

91
Doctoral/ PHD Programmes

learn more

*Bachelor and Integrated Master Programmes

Internationalisation

Internationalisation is one of U.PORTO's strategic pillars and objectives, allowing the development of existing collaborations, as well as the establishment of innovative cooperation activities through the creation of active links with institutions from all over the world.

In recent years, U.PORTO has coordinated and been involved in several projects, namely Erasmus+ (particularly International Credit Mobility, Erasmus Mundus Joint Master Degrees, Capacity Building and Strategic Partnerships) and Erasmus Mundus projects.

U.PORTO definitely opened its doors to the world by consolidating its internationalisation process through the development of projects and initiatives with HEIs from nearly 150 countries.

2200

Active agreements

80%

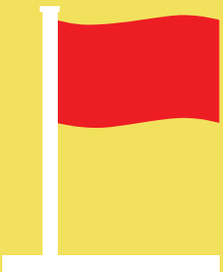
Of our international mobility students choose the **U.Porto as first option**

150

Countries

The U.Porto welcomes every year:

+4000



~100

14%

International Students

Nationalities

International students of the total students enrolled

U.Porto is positioned in

4 top rankings

Among the best
100-160 European Universities
Among the best
200-300 Universities in the World

97% of our international mobility students recommend the U.Porto at the end of their study period as the **best international experience!**

testimonials

Application Procedures

Before completing the Application Form, gather all information with the responsible person for the mobility at the Home Institution and organize all personal documents and Transcript of Records, mandatory for submission of the application.

Documents

Passport photos

ID document
(Passport/ID Card)

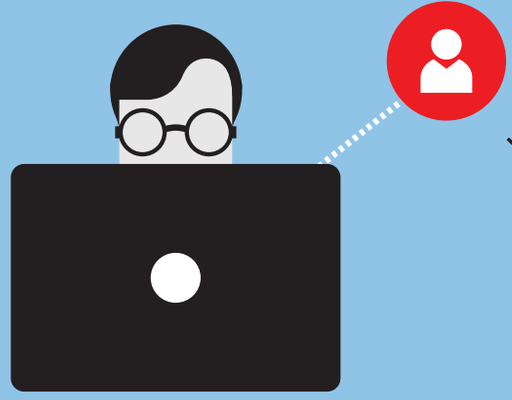
Visa for study purposes
(when requested)
(not mandatory at application stage)

Health Insurance
European Health Insurance Card/PB4/Private Insurance
(not mandatory at application stage)

If you are accepted and need a visa, U.PORTO will send your personal data (name, home university, mobility dates), as well as the letter of acceptance, to the Consulate of Portugal with jurisdiction in your country in order to accelerate the visa application process.
Please note that UPorto does not manage, nor has any responsibilities regarding the visa application process in Portugal, as this is the sole responsibility of the Portuguese Ministry of Foreign Affairs/ Ministry of Internal Administration (Immigration Office).

1. **Ask for username and password** required to access the Application Form.

2. **Login** to the U.Porto website and **create your online Application Form**.



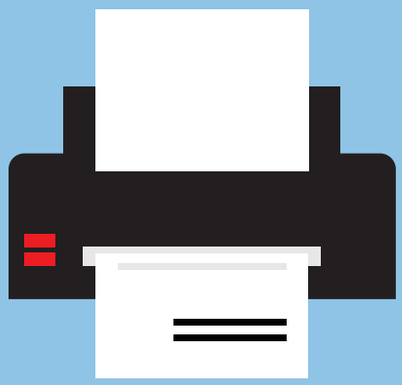
Username

Password ●●●●●●

(The system will, automatically, send an e-mail to the registered students with a username and password)

3. **Read the online Application Guide.**
(same page, sidebar on the right)

4. **Submit the online** Application Form and **print** the .pdf file.



5. **Collect signature and stamp** of mobility coordinator at the Home Institution.

6. **Upload** all required documents **in ONE .pdf file**: Application Form duly signed and stamped by your Home Institution, transcript of records, personal documents, etc.

apply here

Once all these stages are concluded, the application will be analysed by the University of Porto.

Good luck!

Application Deadlines

Full Academic year | **1st Semester** | **2nd Semester**

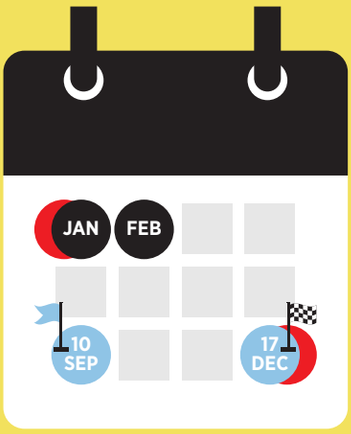
(results during **June**)

(results during **June**)

(results during **November**)

Academic Calendar

1st Semester



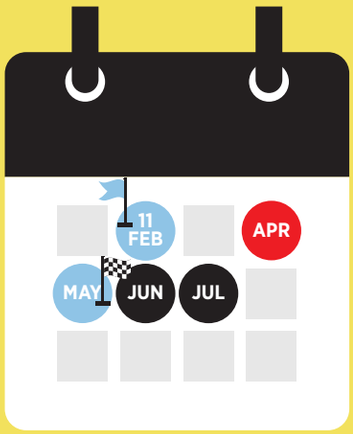
Beginning of the Academic Year

End of the Academic Year

Christmas Holidays 17 Dec to 2 Jan

Final Exams

2nd Semester



Beginning of the Academic Year

End of the Academic Year

Easter Holidays 15 to 22 Apr

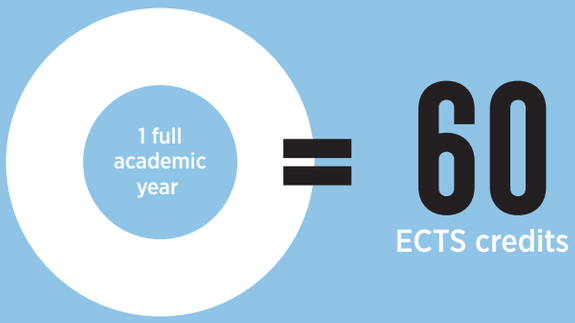
Final Exams

NOTE: Students that, for any reason, cannot attend classes from the first day, should arrive no later than the end of the first week of classes.

calendar here

ECTS Credits

The University of Porto uses the ECTS Grading system. The number of ECTS credits for each course reflects the total workload a student is expected to devote to the course (in the form of lectures, homework, reading, essays, consultations, seminars, etc.). 60 ECTS credits are attached to the workload of a full-time year of formal learning (academic year) and the associated learning outcomes. At the University of Porto, one credit corresponds to 27 hours of student total work.

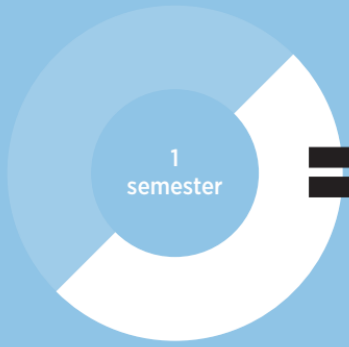


Local Grade

Grades awarded on a scale of **0-20**

(pass mark 10)

more information



= 30 ECTS credits

Teaching Language and Portuguese Language Courses

Each course´s teaching language is identified in the **Education Offer** of the U.Porto.

Most of the subjects lectured at the University of Porto are taught in Portuguese. Although the U.Porto does not impose any mandatory language requirements to exchange students, each student must check with the Faculty/Department the specific requirements (linguistic and academic) to enable his/her application to the U.Porto.

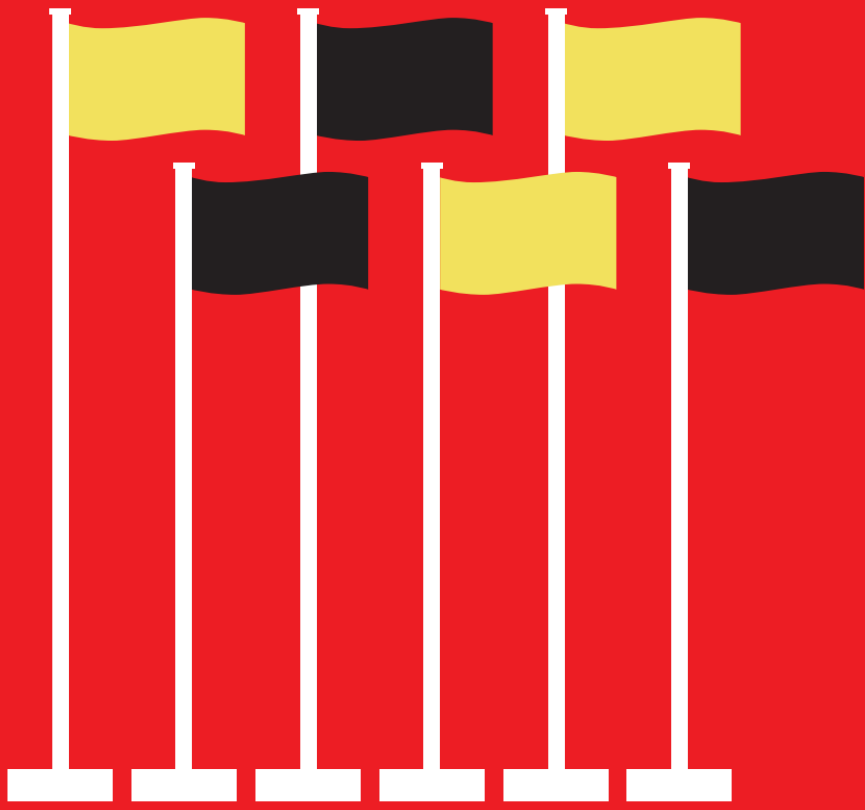
U.Porto also provides tutorial support in English to students that request for it and whenever possible. Also note that, some teachers may allow students to write assignments and take exams in other languages, namely in English, but this situation can only be agreed upon arrival in each individual case.

Portuguese Language Courses

learn more

Other Language Courses

learn more



Contact our Faculty of Arts:

Dra. Ângela Oliveira
Gabinete de Português para Estrangeiros — Faculty of Arts
T.: +351 226 077 165 **E.:** ple@letras.up.pt

Accommodation

Request for accommodation in the Application Form.

Halls of Residence

The attribution of places is done by order of the application´s acceptance.

The submission of the request does not guarantee the attribution of a place in the University of Porto Halls of Residence.

160 > 390€

(monthly)

(subject to update)

Private Accommodation

The U.Porto provides a list of private accommodations available in the city, however, since the management of these requests is external to the University, it cannot assume any responsibility in the attribution of this type of accommodation.

To receive the **List of Private Accommodation** please send an e-mail with the request to: **international@reit.up.pt**.

200 > 350€

(monthly)

Main Facilities

12 Museums

16 Libraries

4 Sports Centres

2 E-learning Cafés

20 Canteens, Cafeterias and Catering facilities

WiFi connection in all University buildings

About Porto

Porto is located in the North of Portugal, on the north bank of the river Douro. It's the second largest city in the country, in an urban area with more than 1.3 million inhabitants. Four main bridges (Arrábida, Freixo, Luiz I and Infante) and two railway bridges (S. João and D. Maria – this one, considered an historical monument, is no longer operational) make it possible to cross the river to the other bank (Vila Nova de Gaia). Porto is a city characterised for its granite, which makes it a city "with character". Its climate is temperate, though quite damp.

Porto is settled since pre-historical times. It has since been inhabited by Romans, Iberians, Celts, Swabians, Visigoths and Moors (although the influence of the Moors is greater in the South).

In the national history Porto has always fought for its independence and love for freedom. Liberalism, liberty and patriotism are some of the values that have always been expensive to the inhabitants of Porto. The name "tripeiros", for which the inhabitants of Porto are known, arises from one of those proves of patriotism: in the 15th Century, the inhabitants of Porto gave away all their meat to supply the fleet that set sail from Porto, keeping only the tripes for themselves . This is the origin of one of the most traditional dishes of the local cuisine, "tripas à moda do Porto".

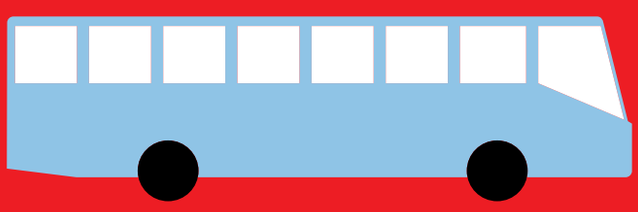
With a strong and dynamic bourgeoisie to which the city owes the epitaph of "City of Work", Porto has always been the city of trade. Its main export product is the Port wine, which enabled the renovation of the city: new roads and buildings were built, which accounts for the richness of the bourgeoisie of the time.

The historical richness of the city is accounted for in the labyrinth of narrow and rough streets of the medieval times and in its monuments (the Cathedral, the "Palácio da Bolsa", as well as several churches, museums and private houses). In 1996 UNESCO considered Porto "World Heritage". This decision was largely influenced by the undeniable historical and architectural richness, by the beauty of the city and by the urban and social renovation the city goes constantly through, especially in the oldest areas. This demonstrates the cultural and social vitality of the city, which is also proven by its several Universities, art academies, conservatories, museums and art galleries.

This enabled Porto to be considered in 2001 the European Capital of Culture, together with Rotterdam. As such, great projects have been implemented aiming at encouraging cultural dynamics and continuing the urban renovation Porto has been going through.

For all these reasons, Porto gained its place as a city of work, science, culture and leisure...

Cost of Living



Transports
(bus + metro)

1,20€ | 1,60€
(**Z2**|**Z3**/trip)

Meals

2,65€
(canteen)

5€ > 25€
(restaurant)

150€ - 200€
(monthly)

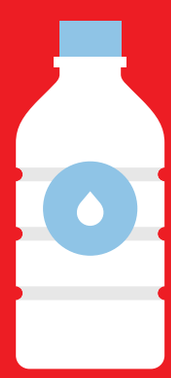
Cinema

5,10€
(student ticket)

0,70€
(expresso)

Coffee

0,20€
(1 litre)



Water

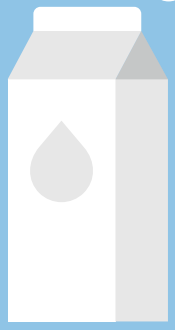
1€
(kg)

Rice

Bread roll

0,12€
(unit)

0,70€
(1 litre)



Milk

Arrival to Porto

Porto is the second largest city in the country with an area of 42 km2. It is located in the north of Portugal and in the northeast of the Iberian Peninsula, on the right side of the Douro River, close to its mouth. You will find it easy to get to Porto by car, train, bus, metro, boat or plain, due to a growing wide network.

by car

Porto's privileged geographic location, complemented by a modern communication network, allows the tourist travelling from Galicia, the Algarve, Lisbon, Coimbra or any other part of Portugal to easily reach the city.

You can drive from Galicia to Porto in two hours and to the Algarve in five. Porto's road network includes three motorways: **A1 Lisbon**, with a connectiona to the Algarve; **A3 Valença** (Minho), with a connection to Galicia, and **A4 Amarante** (Trás-os-Montes), with a connection to Bragança.

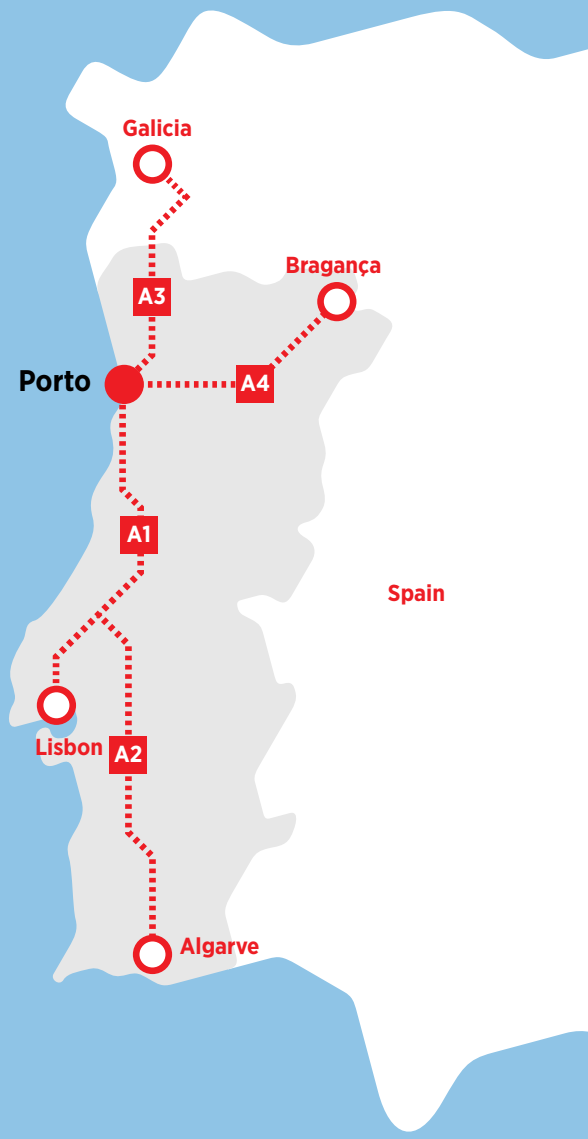
by plane

The **Francisco Sá Carneiro Airport** is a modern infrastructure equipped to cope with the huge air traffic to and from the city, located in an important commercial and industrial area (11 km from Porto), and providing various services, coffee shops and commerce spots.

by train

Campanhã: Located in the eastern side of Porto, this railway station includes international services, the Alfa Pendular, services between cities and regions, and Regional and Suburban services, which enables the connection to several destinations in the country and abroad.

São Bento: Located in the centre of the city, this railway station includes suburban and regional services, as well as services between regions, which enables the connection to the several destinations in the city. It also offers an international service for Vigo.



From the airport to the city centre

by metro

Line E (Violet) connects the airport station to the "Estádio do Dragão" station and the entire metro network. It is necessary to purchase an occasional Andante title required for travelling between the airport station and Oporto city centre (Title Z4). In the Andante shop located in the arrivals zone of the airport you can also buy the Andante Tour, an unlimited and intermodal title valid for 1 or 3 days.

You can take a look at the metro system map:
www.metrodoporto.pt

ESN
Erasmus Student Network

Group of voluntary Portuguese students (ESN-Porto), that helps students in their integration in the U.Porto and city.

Contacts:
info@esnporto.org
http://esnporto.org

INTERNATIONAL EXCHANGE
ERASMUS STUDENT NETWORK
PORTO

If you wish to get a more personalized support, you may ask for a **Buddy** (Tutor), either by e-mail (**buddy@esnporto.org**) or by accessing the **ESN-Porto** website to get the more information.