



**University of Verona**  
**Master Degree in Preventive and Adapted Motor Sciences and Adapted and**  
**Master Degree in Sport Sciences and Physical Performance**

**Academic Year 2015/2016**

<b>Course:</b> <b>Psychology and organization in volunteering structures</b> <b>(SSD M-PSI/06, 6 CFU, 48 hours)</b>	<b>Professor:</b> <b>Francesca VITALI</b>
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### **Aims**

The general aim of the course is to present a complete framework of the main research and intervention topics linked to the psychology of sport organizations. The specific aims of the course are to deepen the key-concepts of the most recent scientific national and international literature dealing with relations between person and (profit and non profit) sport organizations. Particular attention will be given to professional competencies and skills of kinesiologists.

### **Programme**

The course will be divided in two parts. The first introductory part of the course will presents the basic elements of the course: brief historical analysis of organizational sport psychology; disciplinary boundaries; presentation of the most recent fields of study and research (a. organizational performance, b. organizational stress perceived by athletes, coaches, and parents, c. perception of roles in sports teams and organizations, d. success factors in sport and in business, e. contexts and organizations that promote performance in elite sport, f. organizational citizenship behaviors in sport) and intervention organizational sport psychology; analysis of research methodologies in sport and exercise.

The second part of the advanced course will explore some thematic areas: (1) theoretical approaches and definitions of sport organizations; organizational design; definition of adhocracy; distinction between organizational theory and organizational sport psychology; (2) the structure of a sport organization and the study of organizational behavior; hierarchies and power in sport organizations; theoretical models and applications of leadership in sport organizations; (3) the different types of sport organizations and Chelladurai's classification (1985, 1992); the third sector in sport and exercise; definitions of management and marketing in sport; study of the behavior, motivations, and decision making of the direct and indirect sport consumers; (4) psychology in sports organizations; definitions, goals, motivations, values, and meaning of sport work; professions in sport and physical exercise in Italy and Europe; the profession of kinesiologist in Italy and in Europe; the process of professionalization; (5) entrepreneurship in sport and exercise; non-profit organizations (NPOs) and volunteering in sport and exercise; volunteering in the non-profit Italian sector.

### **Course organization**

The course is aimed to strengthen not only the knowledge but also the theoretical and practical skills in the field of psychology of sport organizations. To facilitate home-study, teaching materials will be weekly available on the web pages dedicated to the course.

### **Examination procedures**

The exam will consist of a written multiple choice questions test.

### **Bibliography**

- Fletcher, D., and Wagstaff, C.R.D. (2009). Organizational psychology in elite sport: Its emergence, application and future. *Psychology of Sport and Exercise*, 10, 427-434.
- Slack T., and Parent M. (2006). *Understanding Sport Organizations. The Application of Organization Theory* (2nd edition). Champaign, IL: Human Kinetics.
- Vitali, F., e Spoltore, L. (2010). Da un'esigenza sociale ad una figura professionale: competenze e spazi di occupabilità del laureato in Scienze Motorie. *Giornale Italiano di Psicologia dello Sport*, 8, 32-42.
- Slides by Francesca Vitali.

Additional bibliographical indications on books and scientific papers will be provided during the course.

### **e-mail**

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### **More informations**

See the professor web page on University's website.