



**University of Verona**  
**Degree in Physical activities and sports science (classe L-22)**

**A.A. 2014/2015**

**History of Education and Sport  
Education (M-PED/01)  
(24 hours ) – CFU 3**

**Professor:** Laura Selmo

***The main objectives***

The main objectives of the course are:

- to learn theoretical concepts,
- to know the main theories of reference and the different educational models,
- to know the tools for education.

***Course Program***

As part of the history of education, the course addresses the issue of the link between education and sport through the presentation of some authors, works and movements that supported the activities and sports, from the past to the present day. This is important to promote not only physical, political, social and cultural education. It will analyze the link between education and sports through a historical path and at the same time the focus will be on some issues: sports values, health and well-being.

***Examination method***

The examination will be carried out through a written test with argumentative questions.

***Books***

N. S. Barbieri (2002). Dalla ginnastica antica allo sport contemporaneo. Lineamenti di storia dell'educazione fisica. Clueb, Padova (i capitoli 5 -6-7).  
E. Isidori (2009). La Pedagogia dello sport. Carocci. Roma.  
C. Maulini (2006). Pedagogia, benessere e sport. Aracne editrice. Roma  
C. Maulini (2014). Progettare il benessere attraverso lo sport. Indicazioni metodologiche e studi di casi. FrancoAngeli, Milano.