



Università degli Studi di Verona
Corso di Laurea Magistrale in Scienze motorie preventive e adattate
A.A. 2016-2017

Corso Integrato
ANTHROPOMETRY

Docente
CARLO ZANCANARO

Objectives

The aim of this course is to provide the students with theoretical and practical knowledge on the following items:

- Applied human anatomy with special reference to surface and palpatory anatomy
- Anthropometric measures

Programme

Surface and topographic anatomy:

detection of bony landmarks
detection of origin and insertion of skeletal muscles
manual functional evaluation of skeletal muscles
detection of selected nerve and vessel landmarks

Anthropometry

anthropometry instrumentation and main anthropometric measurements
execution of anthropometry with anthropometer
execution of skinfold thickness measurement

Exam

Multiple choice questions

Teaching material

Slides of classroom presentations

Further reading

S. Tixa Atlante di anatomia palpatoria. 2 voll Masson, 2000
Lumley Anatomia di superficie. CEA, 2004