



IDENTIFYING AND VALUING PERSONAL RESOURCES (INTERESTS, TALENTS, ACTIVITIES, SPORTS)



Activities I enjoyed when I was a child

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Activities I enjoyed when I was in high school

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Something I used to do and enjoyed, and I do not do anymore

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Something I would like to do but still did not have the chance or time

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Current non-academic activities, interests, activities I dedicate time to and enjoy

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This project has received funding from the European Union’s Horizon 2020 research and innovation programme under the Marie Skłodowska-Curie grant agreement No 754345. The content of this document reflects only the author’s view and the Research Executive Agency (REA) is not responsible for any use that may be made of the information it contains