

# Universidade do Porto

## P PORTO02

**Prof. Paola Zamparo**  
**Dipartimento di Scienze Motorie**

### A. Information about higher education institutions

Name of the institution (Institutional Coordinator and Departmental Coordinator)	Erasmus code	Contact details (email, phone ...)	Website (Home page and course catalogue)
<b>Universidade do Porto</b> Institutional Coordinator Barbara Costa  Departmental Coordinator(s) Maria Paula Maia dos Santos	P PORTO02	Institutional Coordinator <i>(name, address, phone, fax, e-mail)</i>	Bárbara Costa Director of International Office <a href="mailto:sri@reit.up.pt">sri@reit.up.pt</a> (+351) 220408034
		Faculty Coordinator <i>(name, address, phone, fax, e-mail)</i>	Maria Paula Santos; Rua Dr. Plácido Costa 91 4200-450 Porto, Portugal <a href="mailto:msantos@fade.up.pt">msantos@fade.up.pt</a>
		Administrative Contact <i>(name, address, phone, fax, e-mail)</i>	Hugo Pinto da Silva Rua Dr. Plácido Costa 91 4200-450 Porto, Portugal <a href="mailto:hugosilva@fade.up.pt">hugosilva@fade.up.pt</a>

### C. Recommended language skills

Receiving institution  [Erasmus code]	Subject area	Language of instruction 1	Language of instruction 2	Recommended language of instruction level	
				Student Mobility for Studies  <i>[Minimum recommended level: B1]</i>	
P PORTO02	Sports - 813	PT	EN	B2	

## D. Additional requirements

### Student Mobility for Studies

Receiving institution [Erasmus code]	Subject area	Minimum Number of Credits to be included in the study plan	Available Courses or Modules in the Faculty or Department(s)	Access to other Faculties or Departments (yes / no)	Support and infrastructure to welcome students/staff with disabilities (yes / no)
P PORTO02	Sports - 813	20 per Semester		Yes ( <u>to be agreed previously on a case to case basis</u> )	Yes

#### P PORTO02 :

- **Student Mobility**
- *Note : the students that are coming to Faculty of Sport , University of Porto to 2<sup>nd</sup> and 3<sup>rd</sup> level positions (Master Level , PhD Level ) , will require the acceptance of the Director of the corresponding Master and Doctoral degree*
- **Recommended language skills**
- *For more details on the language of instruction recommendations, see the course catalogue of each institution please send an email to [hugosilva@fade.up.pt](mailto:hugosilva@fade.up.pt)*

## E. Calendar

Receiving institution [Erasmus code]	Autumn term APPLICATION DEADLINE	Spring term APPLICATION DEADLINE
P PORTO02	Applications to the 1st semester: 15 June Applications to the academic year: 15 June	Applications to the 2nd semester: 30 November

## F. Information

### 1. Grading systems of the institutions

#### P PORTO02

The University of Porto uses the ECTS Grading system. The number of ECTS credits for each course reflects the total number of hours a student is expected to devote to the course (in the form of lectures, homework, reading, essays, consultations, seminars, etc.). 60 ECTS credits are attached to the workload of a full-time year of formal learning (academic year) and the associated learning outcomes. At the University of Porto, one credit corresponds to 27 hours of student total work.

1 full academic year = 60 credits

1 semester = 30 credits

Local Grades awarded on a scale of 0-20 (pass mark 10)

18 to 20	Excellent
16 and 17	Very good
14 and 15	Good
10 to 13	Sufficient
0 to 9	Fail

ECTS Grades

### **P PORTO02**

The ECTS grading scale is based on the percentile (similar but not identical to the class rank) of a student in a given assessment, that is how was his/her performance relatively to other students enrolled in the last three years of the same curricular unit/course (or in a significant group of students). Therefore, ECTS grade does not have a direct fixed correspondence to the local grade.

ECTS Grade Nota ECTS	% of students who have achieved this grade % de alunos que obtiveram esta nota
A	10
B	25
C	30
D	25
E	10
FX	-

## **2. Visa**

Institution [Erasmus code]	Contact details (email, phone)	Website for information
P PORTO02	Teresa Medeiros Tel: +351 22 040 80 56 E-mail: <a href="mailto:incoming.mobility@reit.up.pt">incoming.mobility@reit.up.pt</a>	<a href="http://sigarra.up.pt/up_uk/web_base.gera_pagina?p_pagina=122271">http://sigarra.up.pt/up_uk/web_base.gera_pagina?p_pagina=122271</a>

## **3. Insurance**

Institution [Erasmus code]	Contact details (email, phone)	Website for information
P PORTO02	Teresa Medeiros Tel: +351 22 040 80 56 E-mail: <a href="mailto:incoming.mobility@reit.up.pt">incoming.mobility@reit.up.pt</a>	<a href="https://sigarra.up.pt/up/en/web_base.gera_pagina?p_pagina=122275">https://sigarra.up.pt/up/en/web_base.gera_pagina?p_pagina=122275</a>

#### **4. Housing**

<b>Institution</b> [Erasmus code]	<b>Contact details</b> (email, phone)	<b>Website for information</b>
<b>P PORTO02</b>	Teresa Medeiros Tel: +351 22 040 80 56 E-mail: <a href="mailto:incoming.mobility@reit.up.pt">incoming.mobility@reit.up.pt</a>	<a href="https://sigarra.up.pt/up/en/web_base.gera_pagina?p_pagina=122274">https://sigarra.up.pt/up/en/web_base.gera_pagina?p_pagina=122274</a>