### KEY DATA SHEET

| Name of university | Tampere University of Applied Sciences (TAMK)  
|                   | International Services (B1-corridor)  
|                   | Kuntokatu 3  
|                   | FI - 33520 TAMPERE  
|                   | FINLAND  
| Tel.              | +358 3 245 2111 (switchboard)  
| Fax.              | +358 3 245 2360  
| Email.            | international.office(at)tamk.fi  
| Internet.         | www.tamk.fi/en  
| Erasmus+ institutional code | SF TAMPERE06  
| PIC number        | 986178728  

### International Services

| Head of International Services | Ms Kirsi Jokipakka, Erasmus+ Institutional Coordinator  
|                                | Email: kirsi.jokipakka(at)tamk.fi  
|                                | Tel. +358 40 837 3061  

| Senior Adviser | Ms Eeva Heikkilä, International Services & Study Services  
|                | Email: eeva.heikkila@tamk.fi  
|                | Tel. +358 40 801 6001  

| Partner agreements | Ms Kristiina Alaruusi, International Coordinator  
|                    | Email: international.office(at)tamk.fi  
|                    | Tel. +358 40 718 0126  

| Incoming students | Email: incoming.students(at)tamk.fi  
| Ms Tarja Kononov, International Coordinator | tel. +358 40 841 8847  
| Ms Kirsi Eskelinen, International Coordinator | tel. +358 50 307 1490  

| Outgoing students | Email: outgoing.students(at)tamk.fi  
| Ms Susanna Saarinen, International Coordinator | tel. +358 40 480 5397  
| Ms Krista Merikoski, International Coordinator | tel. +358 50 406 7190  

| Teacher and staff exchanges | Ms Tiina Nilsson, International Coordinator | tel. +358 50 368 2699  
| Email: staffexchange(at)tamk.fi  

| International mobility projects | Ms Camilla Kalevo, International Coordinator | tel. +358 50 567 5516  
| Email: camilla.kalevo(at)tamk.fi  

| Finance | Ms Merja Kallio, International Coordinator, | tel. +358 50 441 3256  
| Email: merja.kallio(at)tamk.fi  

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### Student accommodation

TAMK does not have campus dormitories.

Exchange students apply independently by filling an online application:

- **TOAS** (Tampere Student Housing Foundation) [https://toas.fi/en/](https://toas.fi/en/)
  
  **NOTE:** TOAS RENTS OUT ROOMS FOR A FIXED PERIOD ONLY:
  - August–December
  - January–May


- **Pirkan Opiskelija-asunnot Oy** [https://poas.fi/en/](https://poas.fi/en/)

- Estimated cost of student accommodation: 250 €–300 €/month including electricity, water, furniture and (in most cases) internet

### Other costs of living

- Registration at the local Register Office (if needed): 50 €
- Tamko Student Union membership: 26 € / term
- Unipoli Sport – campus gym membership
  - Autumn term 41 €, Spring term 45 € or the entire academic year 70 €
- Course books: 0 € (can be borrowed from the library)
- Bus card for city of Tampere: 35 € / month (under 25-year olds)
- Bus card for city of Tampere: 51 € / month (over 25-year olds)
- Lunch at TAMK: 2,60 €
- Coffee at TAMK: 1 €
- Sandwich at TAMK: 2–3 €
- Dinner in a restaurant: 10–15 €
- Beer in a restaurant: 5 €

**NOTE:** There are many student discounts available (restaurants, cinemas, museums, events, hairdressers and others)

If you need to apply for a Visa or a **Student Residence Permit** beforehand, the Finnish Immigration will ask you to prove that you have 560 € on your bank account for each exchange month in Finland.

### Application procedure


**Steps needed:**

1) Nomination from home university

2) Online application (further instructions after nomination), including:
   - Photo
   - Motivation Letter
   - CV
   - Transcript of Records
   - TAMK English Language Skills Form
   - Learning Agreement
   - Project Work / Final Thesis / Traineeship Plan (if applicable)

### Credits in use

1 cr (credit)=1 ECTS credit=27 hours of student work

One Term=30 cr, Academic year=60 cr

**Students are expected to take at least 5 cr/month.**

Grading scale:

5=A, 4=B, 3=S=C, 2=D, 1=E (lowest passing grade), 0=F (fail)