HANDBOOK FOR OUTGOING STUDENTS
ERASMUS+
FOR STUDY
A.Y. 2021/2022
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HOW TO PREPARE FOR YOUR ERASMUS+ MOBILITY

1. Information
We recommend you start planning your Erasmus+ mobility well in advance so that you can find out about the different study options, accommodation in student residencies or private flats, and language courses (if applicable) offered by the relevant host university (Receiving Institution).

You can find information by:
- reading the information sheets of our partner universities, which are available as attachments online from the Erasmus+ Call for applications (2021/2022) page;
- visiting the host university’s website;
- contacting your Coordinator at Univr.

No enrolment fees will be charged at the host university; however, some institutes may treat you as a local student, charging an additional fee to cover insurance costs, public transport agreements, teaching materials, etc.

1.2 Your Coordinator at Univr
Feel free to speak with the faculty member who has been delegated Erasmus Coordinator at Univr regarding when to do a mobility programme and which modules to attend while abroad. The contact details of the coordinator are listed in Annex 1, available online.

1.3 Application Form
After the International Office has sent the list of students nominated for an Erasmus+ study grant to the relevant host universities, you should:
- check the host university’s enrolment deadlines;
- complete the application form and send it as specified;
- keep a copy of all the documentation sent.

In urgent cases, if required by the host university, you can send the documents earlier (via the Service Desk) to the International Office, which will forward your documents to the host university. In addition to the application form, the host university may ask you to provide other documents such as the Learning Agreement (see Section 2), language certificates, and other documents regarding the university studies you have already completed (Academic Transcript).

To obtain an Academic Transcript, please contact your Teaching and Student Services Unit and ask for a printout in English of your certificate of enrolment showing the exams you have taken.

To find out more about this procedure, please get in touch with the International Office via Service Desk.

For the Diploma Supplement (for completed Bachelor’s degrees), please visit the office for University degree and certificate requests (Ufficio Diplomi).

1.4 Accommodation
We recommend that you consider the accommodation options offered by your Host University on their website, or on the relevant application form. Please complete and submit the relevant documents and forms by the deadlines set.

1.5 Financial contract
Taking into account the available funds and the monthly grant allocation for each destination country based on the student’s income - ISEE (see Section 4 of the Call for applications), the International Office provides each Erasmus+ mobility grant student with a financial contract, based on the number of months specified in their Learning Agreement.

Information about the student’s ISEE will be acquired from the INPS database for all students who will submit a single benefits application (DUB) to the Scholarships and Benefits Office starting from July 2021. Information about the student’s ISEE will be taken from the INPS database for all those who will submit a single benefits application (DUB) to the Scholarships and Benefits Office starting from July 2019. You will need to sign the financial contract before you go, in accordance with the instructions and deadlines specified, upon completion and approval of the Learning Agreement, which forms an integral part of the contract (see Section 2). At the time of signing the contract and for the entire duration of the mobility you must be enrolled as a full-time student at the University of Verona, and must be up to date with the payment of the university fees.

1.6 Online Linguistic Support (OLS)
As language support for mobility students, the European Commission offers a system called Online Linguistic Support (OLS) for self-evaluating, monitoring and improving your own language skills before, during and after your Erasmus+ mobility stay (initial evaluation test -> online course -> final evaluation test). It is available for students learning the following languages: English, French, German, Italian, Spanish, Dutch, Polish, Czech, Danish, Greek, Portuguese, Swedish, Bulgarian, Croatian, Hungarian, Romanian, Slovak, Finnish, Estonian, Irish, Latvian, Lithuanian, Maltese, and Slovenian.

In your financial contract, you must specify the working language you will use at the host university. The International Office will send a licence to your university email account to allow you to take the initial evaluation test (compulsory, except for native speakers). Based on the results obtained in the initial evaluation test, you will be able to take an online language course (optional) and benefit from a number of language-related services (online forum, live coaching, etc.). For more information see the OLS website. At the end of the mobility period, you will need to take the final evaluation test (compulsory) in order to receive the second part of your Erasmus+ mobility grant, independently of the result obtained.
2.2 CFU and ECTS credits

ECTS (European Credit Transfer System) is the European system of calculating education credits based on the workload necessary to fulfill the objectives of a study programme. Most of the European universities taking part in Erasmus+ programmes including the University of Verona have adopted the ECTS credit transfer system, which establishes the following:

1 Italian CFU = 1 ECTS
For UK universities: 1 Italian CFU = 2 UK credits

The approved study programme should match the duration of your period abroad, with as many credits as possible equivalent to the corresponding period of study at your university, i.e. 60 CFU for an entire academic year (from 7 to 12 months), 30 CFU for a semester (from 2 to 6 months).

The minimum number of ECTS/CFU credits you must gain while abroad depends on the duration of your mobility, as specified below. Students who do not gain the minimum number of credits will have to return their Erasmus+ mobility grant in full:

- 12 credits for periods of 2-6 months;
- 24 credits for periods of 7-12 months.

For further information, please see the specific Regulations online.

2.3 Choosing your modules and activities

To choose the modules/activities you’d like to take at the host university, you should first check your Departmental or School Regulations on international mobility programmes. Moreover, you should:

- consult the host university’s information sheet to check that the modules/activities you would like to do are compatible with your disciplinary area, contacting your Coordinator (see section 1.2) if you need advice;
- some modules held at the University of Verona must be attended following a specific order (i.e. attending a module is not allowed until you have passed the previous module): check that the modules you wish to attend at the host university comply with such requirements, if any;
- choose modules/activities that are consistent with your degree programme and the level of studies specified in the Call for applications (Bachelor’s, Master’s, or PhD);
- see the host university’s academic calendar for module and semester dates;
- follow the instructions and deadlines to register for the modules (pre-enrolment requirements, limited entry programmes, etc.).

2.4 Learning Agreement (L.A.)

The Learning Agreement for Studies is a European document for the Erasmus+ programme which provides details on the activities to be completed during the mobility. It is each student’s responsibility to make sure it is correctly filled out and approved by all the parties involved (student, Sending Institution and Receiving Institution). This process MUST be completed before you go.

Your Learning Agreement should be completed on Ess3, following the Ess3 guidelines for Erasmus+ mobility (Annex 2), which are available online.

The Learning Agreement for Studies includes three steps:

- Before the mobility (preparation);
- During the mobility (execution);
- After the mobility/Transcript of Records (recognition).

2.5 L.A. “Before the Mobility”

Before the mobility you need to fill out the Learning Agreement in Ess3. This MUST be completed before you go. Based on the information available about the modules offered by the host university, your Learning Agreements should specify the modules you intend to take while abroad (Table A) that will substitute the corresponding modules in your degree programme (Table B) for a number of credits that is appropriate to the duration of your study abroad, in order to get full recognition of your agreed plan.

Please note: the total number of CFU credits included in table A must be the same as the total CFU credits in table B. A difference of up to 2 CFU credits per mobility period may be accepted between modules/activities held at the University of Verona and the corresponding activities to be taken abroad (see the University Regulations on international mobility programmes).

The modules you take at the host university will substitute some of the modules included in your normal degree programme for an equivalent number of credits. The modules to be taken abroad should then be selected in such a way as to provide, on the whole, suitable knowledge and skills that fit in with the University of Verona’s degree programmes and can flexibly substitute a number of modules in the curriculum. It is not necessary to have a direct correspondence of module title or number of credits between the modules offered by the two institutions.

Please note: if the host university does not use ECTS (see Section 2.1) you will need to convert their local credits into ECTS (e.g. for UK institutions, 2 local credits = 1 ECTS credit), including the correct number in Table A. If you intend to do thesis/dissertation research, a medical internship or a work placement, this must be specified in your Learning Agreement. For further details, see the Ess3 guidelines for Erasmus+ mobilities available online.
Approval
In the “Commitment” section, the approval and signature of all three parties involved is required, i.e.
• **Student**: electronic signature and the date automatically generated by Esse3;
• **University of Verona (Sending Institution)**: electronic signature of the relevant professor and the date automatically generated by Esse3;
• **Host university (Receiving institution)**: handwritten signature of the relevant professor and the date.

Sending Institution
Esse3 automatically sends the approval request to the relevant professor at the University of Verona. (This will be the Coordinator at Univr, Department Representative or Erasmus Officer, depending on your field of studies.)

Receiving Institution
After obtaining the **Sending Institution’s approval** in Esse3, you need to send your Learning Agreement to the host university and ask them to sign the “Receiving Institution” field.

In the information sheets published online you can find all the host universities’ contact details (email address and/or postal address) where the document should be sent.

In accordance with the provisions of the Erasmus+ programme, either a **scanned handwritten signature** or an **electronic signature** from the host university is acceptable, so it is no longer necessary to obtain a handwritten signature on the original hard copy of the document.

After getting your signed Learning Agreement back from the host university, **before you go** you must submit a copy of the completed document - with all the signatures - to the International Office (or send it via the Service Desk).

More information on how to complete your Learning Agreement electronically in Esse3 is available online.

2.6 L.A. “During the Mobility”
After arriving at the host university, you are only permitted to make **ONE single change** to your **Learning Agreement within 5 weeks of the beginning of each Semester**. This is admissible only in exceptional cases where there is a good reason for doing so (e.g. module cancelled, timetable clashes, extension of the mobility or adding an internship or work placement, see section 3.5).

More information on how to modify your Learning Agreement electronically in Esse3 is available online.

Once the change to your Learning Agreement has been approved, you must submit a copy of it - with all the updated signatures - to the International Office, or send it via the Service Desk.

2.7 Transcript of Records
At the end of your mobility period, the host university should issue you a certificate of the modules taken (Transcript of Records corresponding to the L.A. After the mobility section, see 4.7 “Keywords”) so that what you accomplished during the mobility period can be officially recognised.

If you did thesis or dissertation research, an internship or a work placement, you will need to ask the host university for a statement containing a brief description of what you successfully accomplished, to be added to a potential Transcript of Records. You must also ensure that the document includes all the useful information for the academic recognition (number of ECTS credits and/or hours).

**Recognition of activities**
You can ask for recognition of the modules and activities you participated in abroad within 30 days of receiving your Transcript of Records from the host university, as specified in the **University Regulations for international student mobility** LINK 3 and in the specific regulations for your area of studies.

The International Office does not deal with the procedures of recognition of activities. Credits gained abroad may be counted towards applications for study scholarships/grants and tax exemptions. As such, you should ask for academic recognition as soon after the mobility as possible, so that when the opportunity comes to apply for a scholarship/grant and/or tax exemption, those credits will already be registered.

2.8 Internships and work placement
As part of the Erasmus+ study exchange programme, it is also possible to do your compulsory internship or work placement in a company or business. The two activities (study + internship/work placement) may be carried out consecutively or at the same time. The activities will be carried out in accordance with the relevant funding regulations and the minimum duration for study mobility (60 days).

In this case, you should:
1. include the internship/work placement activities in the Learning Agreement;
2. follow the relevant guidelines for each degree programme and contact the Teaching and Student Services unit of your area;
3. check the activation procedures by getting in touch with the Internships and Work Placement Office (UO Stage e Tiocci), specifying such activities are due to take place during your Erasmus experience.

There are two ways to activate a curricular internship/work placement:

• The internship entity is the host university: the internship/work placement is activated in accordance with the host university, who signs the Learning Agreement in the Receiving Institution section; in this case, the documentation provided by the University of Verona for the activation and recognition of internships/work placements is not used.

OR

• The internship entity is the University of Verona: the internship/work placement is activated in accordance with the University of Verona; in this case, the documentation provided by the University of Verona is used to activate the internship/work placement (request for accreditation from the host company/ entity, internship agreement, training project) and for the recognition of internship credits (attendance sheet, student’s final report, final report by the company tutor, certificate of completed internship issued by the academic tutor). The relevant instructions will be included in an email message sent to the student and the academic tutor at the beginning of the internship.

**CONTACTS**
Teaching and Student Services Unit
Internships and Work Placement Office
via San Francesco n. 22 - 37129 Verona
+39 045 802 8145 / 8287 / 8184 / 8036 / 8787
ufficio.stage@ateneo.univr.it

**Internships and work placement**
For the purposes of this Guide, by “internship” (tirocinio) we mean an internship that you have to do in order to complete your degree programme (e.g. health-related internships or in the field of Education Sciences); by “Work placement” (stage) we mean a traineeship in a company that you may choose to do, among other optional activities, during your degree programme.
3.1 Before you go
Please read the Erasmus+ for Study Handbook for Outgoing Students 2021-2022 and other useful mobility documents, available online. You will need to take the following documents with you for the mobility:
• Certificate of Attendance and copy of the Financial Contract available in Esse3 in the “Student” section in Esse3 (see guidelines Esse3);
• Learning Agreement completed in Esse3 and approved by all the parties involved.

Before your departure, you should also sit the OLS initial evaluation test online (see section 1.6).

3.2 Arrival at the host university
As soon as you arrive, you should get the ARRIVAL section of your Certificate of Attendance (Annex 3) completed at the International Office of the host university. Make sure that the date or any of the names included by the host university have not been changed by hand.
Within 5 days of arriving, you must send a copy of this Certificate to the International Office of the University of Verona via the Service Desk, in order to prove that you actually started your mobility period abroad. You will then be able to receive the first instalment of your mobility grant by the deadline set in your financial contract (see section 1.5).

3.3 At the end of your Erasmus+ stay
Before returning, you will need to ask for the following documents from the International Office of the host university:
• Certificate of Attendance in original, completed and signed by the host university in the DEPARTURE section as well, without manual corrections of dates or names;
• Transcript of Records (see section 2.6), if available.

3.4 Returning to Verona
Within 30 days of your return, and in all cases by 30 October 2022, you must submit all the documents listed in section 3.3 to the International Office of the University of Verona.

You will also need to complete online:
• OLS final evaluation test (see section 1.6)
• Final questionnaire (EU SURVEY Participant Report) about your Erasmus+ experience abroad.

If you do not complete all the necessary procedures by the deadline, the University will require you to pay back the mobility grant and any other contributions received, as indicated in the Financial Contract.

Calculating your Erasmus+ mobility grant
For the purposes of calculating the amount of funds to be administered, only the dates specified on your Certificate of Attendance are taken into account. We recommend you fill in the statement as soon as you arrive and on the day before you leave the host institution. Mobility periods lasting less than 2 months (60 days) are not permitted, or the entire grant will be revoked. To calculate the duration of each mobility, the following rule applies: 1 month = 30 days. For shorter months, the financial contribution will be calculated by multiplying the number of days in that month by 1/30 of the regular monthly sum.

Provided that your mobility period is longer than the minimum mobility period allowed (60 days), in the event of a mobility period that is shorter than the period set out in the Financial Contract:
• if the difference between the actual duration of the mobility period and the duration set out in the contract is more than 5 days, the amount of the mobility grant will be recalculated on the basis of the actual days of mobility, as certified by the Host Organisation in the Certificate of attendance;
• if the difference is equal to or less than 5 days, the mobility grant will not be recalculated and the student will receive the entire grant as set out in the Financial Contract.

Please note that the grant will be awarded based on the days actually spent abroad (on-site mobility). For special cases, blended mobility is also possible, provided this is agreed in advance with the University of Verona and the Host University (see 4.7 “Keywords”). In such a case, the grant will only be awarded for the part of mobility actually spent abroad (for a minimum duration of 60 days in total).
3.5 Extending your mobility period
If you wish to request an extension, this must be applied for in advance (at least two months before your current mobility grant terminates) in order to obtain authorisation from the host university. You may request an extension only once, and your entire mobility period, including the extension, cannot be more than 12 months in total. All mobilities must conclude by 30 September 2022.

Extension requests must be sent to the International Office via the Service Desk at least 30 days before the mobility expires, using the specific form (Annex 5 - Request for extension). Forms must be fully completed and signed.

You can ask for an extension:

- of up to 1 month for study purposes related to the academic calendar of the host university - send a request for extension directly to the International Office (see above form);
- of more than 1 month by first contacting your Coordinator at Univr (see section 1.2) to agree on a modification of the Learning Agreement (see section 2.5) - the activities to be completed during the extension must be added and approved (signed) by all the parties involved. Your extension request must then be sent to the International Office using the specific form (Annex 5), together with the updated Learning Agreement;
- to carry out an internship. You will need to contact the Internships and Work Placement office about the necessary procedures to activate the internship (see Section 2.8). Your extension request must then be sent to the International Office using the specific form (Annex 5) together with the updated Learning Agreement.

If your extension request is accepted, you will receive a specific notification in the “Student” section on the Esse3 portal (see guidelines Esse3).

The costs related to the approved period of extension will be covered by European funding only for the amount of the corresponding mobility grant, and subject to fund availability. For more information, please contact the International Office.

At the end of your mobility period, you must submit a Certificate of Attendance (see section 3.4) that includes the extension period.

Please note: if you are granted an extension of the mobility period, you will receive the final payment of the grant - including the payment covering the extra period - only at the end of your mobility period, once you have returned home for the last time.

3.6 Returning early
You may interrupt your stay abroad in proven cases of force majeure by notifying your Coordinator at Univr of the reasons for your early return. The remainder of your grant must be paid back.

For stays of less than 2 whole months (i.e. < 60 days), no financial contributions are administered by the National Agency, nor by the University of Verona (see section 1.5 Financial Contract).

To calculate the sum to be returned, the criteria specified in section 3.4 applies.

3.7 Giving up your mobility grant
In the case of a serious impediment, you may give up your Erasmus+ mobility grant by submitting a Withdrawal form (Annex 4) including your name, surname, student ID number, degree programme, Receiving Organisation and reason for giving up the grant. This form must be submitted via Service Desk.

3.8 Equal opportunities and sustainability
The European Commission has determined that an additional grant should be awarded to disadvantaged students (i.e. students with physical, mental or general disabilities and/or with limited financial means). The criteria for the allocation of these grants are not yet known and will be communicated later.

In addition, students who choose to travel in a sustainable way, i.e. by using low-emission means of transport, such as bus, train or carpooling, will be awarded a one-off grant of €50.

A special notice for eligible students will be made available at: http://www.univr.it > International > Studiare all’Estero > International Students Erasmus e altre esperienze all’Estero > Erasmus+ per studio - Studenti Outgoing."
4. Usefull Information

4.1 Bachelor’s degree students in their 3rd year
If you are in the third year of a Bachelor’s degree at the time of applying, you must undertake your mobility during the first year of a Master’s degree at the University of Verona (A.Y. 2021/2022), or else the grant will be revoked.
Before signing the financial contract (see section 1.5) it is your responsibility to inform the International Office, via the Service Desk, about your academic status (new student ID number and your exact new degree programme).

4.2 Travelling safely
We recommend that you register online on the MAE (Ministry of Foreign Affairs of Italy) website in order to receive assistance abroad in case of emergency.

4.3 Insurance
Students who are correctly enrolled at the University of Verona, even when they are abroad being hosted by a foreign university as part of a mobility programme or a collaboration that is officially recognised by Univr, are covered by:

• an insurance policy for civil liability for any events related to student status at the University of Verona;

Please note: this insurance policy does not cover medical and paramedical activities

• a group accident policy for permanent damage to a person resulting from injuries sustained while exercising primary and secondary institutional activities related to the mobility or collaboration programme.

The University of Verona website has a detailed description of the insurance policy.
In the case of an accident while abroad, or for more detailed information regarding the insurance cover, please get in touch with the International Office, who will then contact the relevant authorities.
If you are enrolled in a health-related degree, you must check with the Receiving Organisation if you need a third-party liability insurance during your internship. A suitable private insurance policy will then be necessary to cover you as a student.

4.4 Health care
For health care while abroad, you need to have a European Health Insurance Card (EHIC), which allows you to access the public health care services in your destination European country in accordance with their national laws.
In some non-EU countries that do not have an agreement with Italy, the laws are different (Art. 15 of Presidential Decree no. 618/1980), meaning you will need to cover any health care costs initially and then request a reimbursement (e.g. Turkey and UK).
Upon request, your Local Health Authority (ULSS) can issue you a statement called “Statement for health care assistance for Italian citizens abroad”.
For more information on health care assistance abroad, please contact the competent Local Health Authority (ULSS) or visit the Ministry of Health website.
Non-EU students who are properly enrolled at the University of Verona and have registered their residential address in Italy may request a European Health Insurance Card by registering for the Italian National Healthcare Service, except in some particular cases.

Please note: non-EU citizens cannot use their EHIC in Denmark, Island, Lichtenstein, Norway and Switzerland, as it is not provided for in the current European Community legislation (EC Regulation no. 859/2003). In such cases, it is recommended you purchase a private insurance policy. For further information, please consult the International Students Union (see below).
4.5 Student mobilities to the UK

As a result of the United Kingdom’s exit from the European Union, regulations are constantly evolving. In general, for stays up to 180 days a visa is not required for Italian or EU citizens, while for stays longer than 180 days a visa is required (e.g. Tier 4).

For further information on these aspects or for support for requesting a visa or a residence permit, please contact the International Students Union (ISU).

4.6 Non-EU students

Non-EU students who are fully enrolled at the University of Verona and hold a valid residence permit may participate in Erasmus+ mobilities in many Schengen Area countries without a specific visa (Ministry of Internal Affairs Circular no. 400/A/2010/21439 - Art. 8 Directive 2004/114/CE para. 4 bis and 4 ter Art. 39 Legislative Decree no. 286/98 subsequent amendments).

Please note:

- Non-EU students participating in an Erasmus+ mobility in Germany, France, UK or Ireland must request a visa for study reasons, independently of the type of residence permit they hold;
- Non-EU students who have an Italian residence permit for family or work reasons, or a long-stay permit for Italy regardless of their country of origin, must request a visa for study reasons.

Upon returning to Italy, non-EU students will have to confirm their residence permit by enclosing the documentation of their stay abroad. There may be certain deadlines by which the form must be sent, and various means to do so (online, via fax, post, etc.).

For further information and support please contact the International Students Union (ISU).

4.7 Keywords

| Accommodation Form | A form also known as Housing Form, usually requested by the host university, which the Erasmus student uses to request accommodation during their period abroad there. There may be certain deadlines by which to send the form, and different means to do so (online, via email, fax, post, etc.). |
| Academic Transcript of Records | Certificate describing previous studies, sometimes requested by the host university when submitting the application form (see section 1.3). It is possible to ask the Student Services units for a Certificate of exams taken printed in English (stamp duty may apply). |
| Application Form | Enrolment form from the host university, to be completed by mobility students who intend to go there. There may be certain deadlines by which the form must be sent, and various means to do so (online, via fax, post, etc.). |
| Blended mobility | Takes place partly in your home country remotely and partly in the destination country (either on campus or online). |
| Erasmus+ grant statement | Statement issued by the International Office attesting the status of the outgoing Erasmus+ student (issued only upon request). |
| Certificate of Attendance | Document issued by the host university at the end of the Erasmus+ period, reporting the start and finish dates of the student’s stay (see sections 3.3 and 3.4 and Annex 3). |
| ISCED Code | Numerical code that identifies the disciplinary area specified in the exchange agreement with each partner university. |
| Erasmus+ Code | Each partner university has its own Erasmus + code. The University of Verona’s code is: I VERONA01 |
| Financial contract | Document signed by the student receiving the grant and the university’s legal representative (Rector) specifying how the grant will be paid. |
| Erasmus Coordinator | Professor at the University of Verona appointed to coordinate Erasmus exchange activities with the partner universities (see Annex 1). |
| Erasmus Officer | Professor from the Department of Foreign Languages and Literatures who approves the educational activities to be done abroad (see the Foreign Languages and Literatures Erasmus Regulations). |
| Department Representative for Internationalisation | Professor at the University of Verona appointed by each department’s director, who coordinates international activities, including the Erasmus programme (see Annex 1). In some cases a representative of the field including several departments is appointed. |
| Diploma Supplement | The Diploma Supplement (DS) is a document that is part of the official degree certificate issued at the completion of a study programme at a university or higher education institute. The DS describes the nature, level, context, content and status of the studies carried out and completed by the student, following a standard 8-point model developed by the European Commission, the European Council and UNESCO. |

4.8 Reminder

Before your departure, check that:

- your identity document is valid for the entire duration of your stay. Note: Non-EU countries require a passport. For more information, please contact the Registry Office (Ufficio Anagrafe) of the Municipality where you permanently reside, or see the Verona Police Office website (Passport Office);
- your European Health Insurance Card (EHIC) is valid (see section 4.4).